

Experiences at the PKNC Master Trainer Invitational Training, South Korea

CHUNGNAM NATIONAL UNIVERSITY
FOOD & NUTRITION

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Pak–Korea Nutrition Centre

- ▶ To improve child and community nutrition
- ▶ Six thematic areas
- ▶ Invitational Training 27th May – 26th June 2023
- ▶ Culture and Historical Places
- ▶ Professional Training
- ▶ Field Trips



Exposure Towards Culture and Historical Places of South Korea



History

Korean War

- ▶ 25th June 1950-1953
- ▶ North Korea and South Korea
- ▶ Cold war-World war III
- ▶ 5 million soldiers and civilians lost their lives

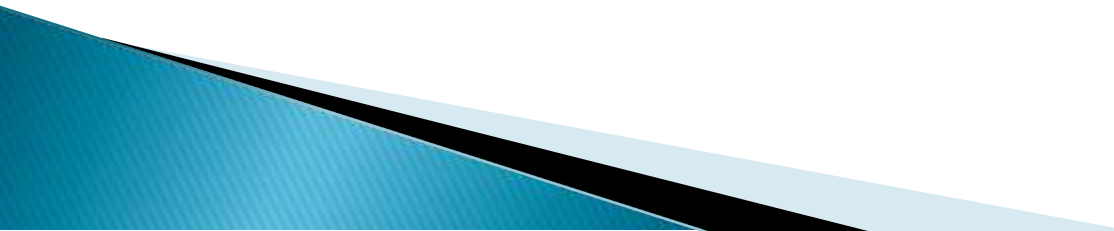


Revolution in Korea

- ▶ April Revolution: 19 April movement
- ▶ Mass protests in South Korea against President Syngman Rhee
- ▶ Resulted in Rhee's resignation in 1960
- ▶ Development in Korea



School Meal Program

- ▶ School lunch service was first introduced to Korea in 1953 right after the Korean War with the aid of United Nations Children's Emergency Fund (UNICEF).
 - ▶ School Meals Act was established in 1981 and has been revised to meet the needs of the time and public expectation since then.
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Cuisine

Korean Cuisine

➤ Rice and fresh vegetables, fish

Korean Meal

➤ Rice, soup, noodles and kimchi or pickled vegetables

➤ Bibimbab



Korean Dress: Hanbok



Tours

Seoul

- Bongwonsa Temple
- Seoul Tower

Busan

- Hundaeh Beach

Seoul

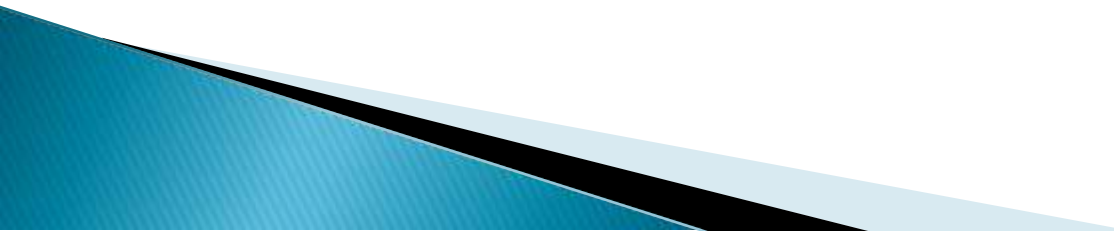
Bongwonsa Temple

- ▶ South Korean Buddhist **temple** in Bongwon-dong
- ▶ Founded in 889 by Master Doseon and located on the current site of Yonsei University
- ▶ It moved to its present location in 1748





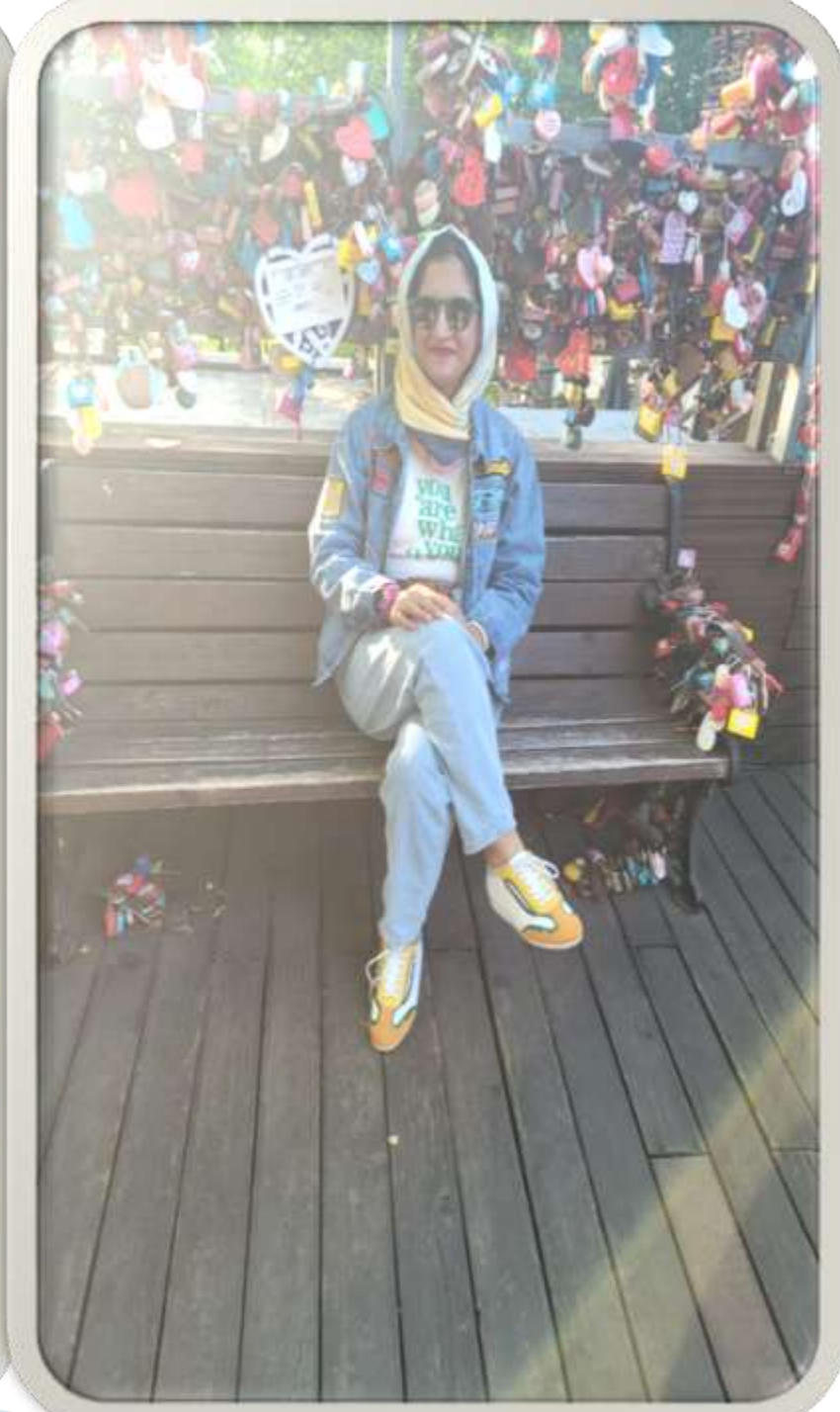
Seoul Tower

- ▶ N Seoul Tower
 - ▶ Located on Nam Mountain in central Seoul
 - ▶ 236-meter (774 ft)-tall tower marks the highest point in Seoul
 - ▶ Korea's first radio wave tower
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Attractions

- ▶ Namsan Cable Car
- ▶ Two Plaza and 4 Tower floor
- ▶ Lighting of the Tower
- ▶ Wishing Pond and Observatory
- ▶ Love Padlocks





Busan

- Second largest city in Korea
 - Traditional markets
 - Jagalchi Market: Sea food
 - Gukje Market: Electronic Items
 - Haeundae Market: Torist
- Place: Fresh vegetables
Meat and sea foods



Haeundea Beach

- Name of poet Choi Chi-Won (Haeun or sea and clouds)
- Developed as tourist place 1990–1997



Attractions

- ▶ Golden Sand
- ▶ Largest Sea Port in Korea





Thank You!

