



Punjab Satellite Center Pak Korea Nutrition Center Faisalabad Medical University Work Plan and Progress Overview

Presented by **Prof. Dr. Hooria Aamir**
Focal Person, PKNC Punjab
Dean, Basic Sciences, FMU



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Progress Overview (2023–2025)

1.1. Achievements (2023-24)

Trainings Conducted

Stakeholders (LHW, SA and CD)

- Total Target: 600
- Target achieved: 623
- **Seminars/Activities Conducted**
- Survey on Situation Analysis of Iron and Zinc (28th August, 2023)
- Workshop on Malnutrition (14th April, 2024)
- Children's Nutrition Seminar and Nutrition Camp (05th March, 2024)
- Conference on Management and Prevention in Diabetes (1st June, 2024)

1.2. Trainings (2024-2025)

Groups	Target Achieved	Actual Targets
School Advisors	181	180
Lady Health Workers	180	180
Clinical Dietitian	258	240
Total Participants	619	600
Total End Beneficiaries	6190	6000

Summary of Trainings Conducted (2024-2025)

School Advisors				
Sr. #	Date	Training	Venue	Participants
1	06&07-09-2024	2 Days	Government High School 7JB Punjwar Faisalabad	51
2	24 & 25-01-2025	2 Days	Government Girls Higher Secondary School No. 2, People's Colony No. 1 Faisalabad	71
3	15 & 16-02-2025	2 Days	Gulistan Colony 1 Government High School Faisalabad	59
Lady Health Workers				
4	11 & 12-11-2024	2 Days	District Health Authority, Tehsil Chak Jhumra	180
Clinical Dietitians				
5	14&15-10-2024	2 Days	BZU Multan	74
6	06 & 07-12-2024	2 Days	Fatima Jinnah Medical University	40
7	21 & 22-12-2024	2 Days	BZU Multan	42
8	15 & 16-05-2024	2 Days	GC Women University Faisalabad	102

Trainings Conducted (2024-2025)



SA training Government High School 7JB
Punjar Faisalabad, 06&07-09-2024



SA training Government Girls Higher Secondary School
No. 2, People's Colony No. 1 Faisalabad, 24&25-01-2025



SA Training Gulistan Colony 1 Government High
School Faisalabad, 15 & 16-02-2025



LHWs Training Tehsil Chak Jhumra, 11 & 12
-11-2024



CD Training BZU Multan, 14&15-10-
2024



Training of CDs, Fatimah Jinnah Medical University,
06 & 07-12-2024



CD Training BZU Multan, 21&22-12-
2024



CD Training GC Women University Faisalabad, 15
& 16-05-2024

1.4. Seminars/Activities Conducted (2024-25)

Sr. #	Date	Event
1	27-07-2024	Conducted Seminar and camp for children on Hepatitis with collaboration of Children Hospital Faisalabad.
2	28-08-2024	Conducted Seminar on Breastfeeding
3	26-10-2024	Conducted Symposium on Medical Genetic: Shaping the Future of Healthcare
4	01-11-2024 & 02-11-2024	Conducted International Conference entitled “Empowering Communities, Advancing Care: A Global Approach to Diabetes Management”
5	26-11-2024 & 27-11-2024	Conducted PKNC 2nd National Conference entitled “Integrating Nutrition and Public Health Challenges & Opportunities”
6	13-12-2024 & 14-12-2024	Awareness Camp at Health Mela
7	21-12-2024	Seminar on Heart Disease

Seminars/Activities Conducted (2024-25)



Seminar and camp for children on Hepatitis, 27-07-2024



Seminar on Breastfeeding, 28-08-2024



Symposium Medical Genetic Shaping the future of Healthcare, 26-10-2024



Conference on Empowering Communities, Advancing Care: A Global Approach to Diabetes Management, 01-11-2024 & 02- 11-2024



PKNC 2nd National Conference on Integrating Nutrition and Public Health Challenges & Opportunities, 26-11-2024 & 27-11-2024



Awareness Camp at Health Mela, District Chak Jhumra, 13-12-2024 & 14-12-2024



Seminar on Heart Disease, 21-12-2024

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Work Plan (2025-2026)

- The program aims to train 600 stakeholders including 180 school teachers from the School-Advisor (SA) group, 180 Lady Health Workers (LHWs), and 240 individuals from the Clinical Dietitian (CD) group to further expand the outreach of nutrition education
- Additionally, a series of conferences, seminars, and awareness events will be organised under the PKNC initiative, focusing on promoting evidence-based practices and strengthening multi-sectoral collaboration in nutrition education across various platforms

2.1. Progress (2025-2026)

Trainings		
Groups	Actual Targets	Target Achieved
Total Participants	600	460
School Advisors (SA)	180	120
Lady Health Workers (LHWs)	180	180
Clinical Dietitian (CD)	240	160

Summary of Trainings Conducted (2025-2026)

School Advisors				
Sr. #	Date	Training	Venue	Participants
1	07 & 08-11-2025	2 Days	MC Boys High School Gulistan Colony Faisalabad	60
2	22 & 23-11-2025	2 Days	Sheri Public School	60
Clinical Dietitians				
3	17 & 18-12-2025	2 Days	GC Women University Faisalabad	110
4	18 & 19-02-2026	2 Days	Al-Noor Hospital Faisalabad	50
Lady Health Workers				
5	21&22-02-2026	2 Days	District Jaranwala	180

Trainings Conducted (2025-2026)



SA Training, MC Boys High School Gulistan Colony Faisalabad, 7&8-11-2025.



SA Training, Sheri Public School, 22 & 23-11-2025



CD Training, GC Women University Faisalabad, 17&18-12-2025



CD Training ,Al-Noor Hospital Faisalabad 18 & 19-02-2026 Faisalabad



LHW training, District Jaranwala 21&22 -02-2026

Seminar/Conferences (2025-2026)

Sr. #	Date	Event
1	24-07-2025	Seminar on empowering your future
2	16-08-2025	Seminar on weight loss management
3	25-09-2025	Seminar on mind and gut health
4	09-11-2025	International conference on diabetes entitled empowering communities advance care
5	10-11-2025	Motivational seminar
6	27-12-2025	Seminar on updates on insulin
7	17-02-2026	Seminar on diabetes in ramadan

2.2. Seminar/Conferences (2025-2026)



Seminar on empowering your future, 24-07-2025



Seminar on weight loss management, 16-08-2025



Seminar on mind and gut health, 25-09-2025



International conference on diabetes entitled empowering communities advance care, 09-11-2025



Motivational seminar, 10-11-2025



Seminar on updates on insulin, 27-12-2025



Seminar on diabetes in ramadan, 17-02-2026